

# Prosthetic Joint Infection Caused by *Gardnerella vaginalis*: Case Report and Review of the Literature

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## ABSTRACT

Prosthetic joint infection is not uncommon, but *Gardnerella vaginalis* has been reported rarely as a causative agent. A 45-year-old patient with no remarkable history was admitted to the hospital ten months after total hip replacement because of loosening of the prosthesis. Initial culture grew *S. anginosus*. Repeated culture of the debridement material grew *G. vaginalis*. After adequate and effective treatment, he was discharged in good health. This is the first case of a male patient with prosthetic joint infection caused by *G. vaginalis*. This pathogen should be considered in the presence of slow-growing, gram-variable rods in culture.

**Keywords:** Prosthetic joint infection, *Gardnerella vaginalis*, immunocompetent male

## INTRODUCTION

**G**ardnerella vaginalis is a facultative anaerobic, gram-variable pleomorphic rod that has been associated with bacterial vaginosis (BV). Extra-vaginal infections caused by *G. vaginalis* are uncommon. We present a unique case of prosthetic joint infection with *G. vaginalis* in a man and discuss it with three more cases reported in the literature.

## CASE PRESENTATION

A 45-year-old male was consulted to the Department of Infectious Diseases for probable prosthetic hip infection. He had a femoral neck fracture of the left femur and was treated with internal fixation in another medical center. Nine months later, he was re-admitted because of pain and limitation of movement of the left hip. He underwent a cementless total hip replacement. Ten months after surgery, the prosthetic hip dislocated and

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a closed reduction was performed. Because of repeating dislocation in two days, he was referred to the Department of Orthopedics and Traumatology in our hospital. His initial vital signs were normal. White blood cell count ( $10.9 \times 10^3/\mu\text{L}$ ), erythrocyte sedimentation rate (70 mm/h, normal: <20 mm/h) and C-reactive protein levels (1.33 mg/dL, normal range: 0-0.8 mg/dL) were elevated.

The hip was revised with a modular cementless femoral stem and a cementless constrained cup was used to revise the acetabulum to prevent a re-dislocation. Intraoperative tissue cultures grew bacterial colonies identified as *Streptococcus anginosus* by matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS). Specimens obtained from tissue biopsy were consistent with an infection. Intravenous ceftriaxone treatment was started. One week later, the patient's hip pain intensified, followed by swelling and purulent discharge from the incision and an increase in CRP levels to 10 mg/dl. Extensive inflammation was detected with significant fluid collection in repeat surgery. Four tissue cultures were obtained during these debridement procedures under sterile conditions. Tissue cultures were performed on a MacConkey II agar / Columbia CNA agar with 5% sheep blood (BD, USA), chocolate agar (BD, USA) and thioglycolate broth. After one night of incubation at 37°C under aerobic conditions with 5% CO<sub>2</sub>, both alpha-hemolytic, transparent and lactose negative colonies were observed. Isolates were identified with conventional tests and MALDI-TOF MS. One of the culture plates contained both catalase and

oxidase negative gram-negative to gram-variable bacilli and catalase-positive and oxidase-negative gram-negative bacilli. Isolates were identified as *G. vaginalis* and *Acinetobacter calcoaceticus-baumannii* complex with scores  $\geq 2.0$ ; accurate identification was performed to the species level by MALDI-TOF MS. On the twentieth day of ceftriaxone treatment, colistin (110 mg b.i.d) and clindamycin (900 mg t.i.d.) were added. Urine analysis was normal, and urine culture was negative. Urinary sexually transmitted diseases (STD) panel and samples obtained with a urethral swab were also negative. After three months of antibiotic treatment, the patient's clinical symptoms improved. CRP levels decreased to 0.69 mg/dl with normal WBC ( $7.1 \times 10^3/\mu\text{L}$ ), normal sedimentation rate (18 mm/h). The follow-up magnetic resonance imaging showed a marked decrease in periprosthetic inflammation.

**DISCUSSION**

To our knowledge, this is the first male patient, and the fourth case with prosthetic joint infection caused by *G. vaginalis* reported in the literature (Table 1). Extra-vaginal infections caused by this pathogen are uncommon, bone and joint infections are even rarer. This may be because of the low virulence of the organism as well as difficulty in identification.

*G. vaginalis* has a number of virulence factors such as biofilm formation, production of sialidase A and a toxin (vaginolysin) (1, 2). Extra-genital infections with this organism have been reported uncommonly in patients with a variety of risk factors, i.e.,

**Table 1.** Cases of prosthetic joint infections caused by *Gardnerella vaginalis* in the literature.

Case reports	Age	Gender	Lesion	Time after implant	Dx	Surgical management	Antibiotic treatment	Outcome
Hoarau G, et al. (6)	71	Female	Right hip prosthesis	10 years	Intraop sample culture and gene amplification & sequencing	One-stage surgical replacement	TMP-SMX plus rifampin for 3 months	Cure
Thomas M, et al. (14)	68	Female	Right hip prosthesis	10 years	Hip aspirate culture and MALDI-TOF MS	One-stage surgical replacement	Clindamycin 10 days, switched to amoxicillin for 8 weeks	Cure
Thomas M, et al. (14)	32	Female	Left hip prosthesis	10 years	Hip aspirate culture and MALDI-TOF MS	One-stage surgical replacement	Clindamycin for 12 weeks	Cure
Present report	45	Male	Left hip prosthesis	19 months	Intraop tissue culture and MALDI-TOF MS	Debridement and retention	Clindamycin for 12 weeks	Cure

immunosuppression, anatomical genitourinary abnormalities, surgical operation, nephrolithiasis or urolithiasis, urethral stricture, immunosuppressive therapy, chronic alcoholism and intravenous drug use (3, 4). A few patients have been described with no underlying factor (4-6).

The majority of patients with extra-vaginal infection are women. *G. vaginalis* is described as a component of normal vaginal flora. While the microorganism may reach the urinary tract via ascending route to cause a peri-nephric abscess (7), hematogenous spread from the vagina has also been implicated in female patients with extra-genital infection. A few male patients have been described with infective endocarditis (8), sepsis, perinephric abscess (7, 9), and pulmonary infection (3, 10). It is postulated that colonization of the male urethra (4.5% to 11.4%) (11, 12) or rectal mucosa in men who have sex with men (up to 83.2%) (13) precedes hematogenous spread.

*G. vaginalis* has been shown to form biofilm on contraceptive intravaginal ring, but there is no study on extra-vaginal foreign bodies. Infections in all three women were late-onset (10 years), and *G. vaginalis* were detected in the vaginal flora of two patients (14). Bacteremia with subsequent seeding of the prosthesis was implicated in all three cases. In our patient, we could detect neither *G. vaginalis* nor other potential STD pathogens in urethral samples. We did not check the rectal mucosa for colonization. When questioned again, the patient did not provide further information about his sexual practice other than being married and not having another sexual partner.

Interestingly, the initial intraoperative cultures grew only *S. anginosus*, and antimicrobial treatment was started accordingly. *S. anginosus* is ubiquitous in the body, normally colonizing the upper respiratory, digestive and reproductive tracts. A recent case study was reported a 61-year-old woman with vertebral osteomyelitis caused by *G. vaginalis* plus *Streptococcus parasanguinis* (15). In our patient, it was suggested that transient bacteremia after an episode of dysuria following the sexual activity could explain the pathogenesis. We believe our patient had a polymicrobial infection but *G. vaginalis* could not be detected initially. The growth of *A. baumannii* was detected subsequently and considered acquired in the hospital during invasive procedures.

*G. vaginalis* is susceptible to several antibiotics, including penicillin, vancomycin, clindamycin and metronidazole. There are limited data on the treatment of extra-vaginal infections with metronidazole. The three patients with prosthetic joint infections reported previously were treated with clindamycin. Our patient received clindamycin for *G. vaginalis* and colistin for *A. baumannii* for three months with a successful outcome.

## CONCLUSION

In the presence of slow-growing, gram-variable rods in cultures, even in individuals without the urogenital disease, *G. vaginalis* should be considered. Further studies are needed to understand the pathogenesis and optimal treatment of extra-vaginal *G. vaginalis* infections.

**Ethical Approval:** N.A.

**Informed Consent:** Written informed consent was obtained from the patient to publish this case report and accompanying images.

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